

# HELP STOP THE SPREAD OF COVID-19

What You Need to Know About COVID-19 Today | 4.22.20

## FREE COVID-19 TESTING



**COVID-19 testing** is free and open to the public in locations all over Shelby County. Just call ahead and schedule an appointment.

Check here for testing locations:

**[www.covid19.memphistn.gov](http://www.covid19.memphistn.gov)**

## SYMPTOMS



To be tested for COVID-19, you **must feel sick**.

Symptoms of COVID-19 vary and may be pretty mild. If you or someone you know feels sick, call one of the locations to get tested.

Shelby County Hotline:

**(833) 943-1658**

## SOCIAL DISTANCING



It's important to stay away from other people to stop the spread of the coronavirus. By staying **six feet apart**, **wearing a mask**, and **staying at home** except for truly essential reasons (grocery store, doctor's office, pharmacy), you will keep yourself safe and people around you safe. This is true whether you are indoors or outdoors.

## PROTECT THE MOST VULNERABLE



Anyone at any age can get coronavirus. People who have underlying conditions, such as diabetes, high blood pressure or heart problems, are at **greater risk of getting coronavirus**. Please take social distancing seriously, and look out for others!

